

Make Some Noise!

Ages: 4–11 (Pre-K–Grade 5)

Duration: 20 minutes

Materials needed:

- Experiment with shapes and patterns without using paper and pencil—your body is your medium!

Procedure:

1. Make a shape with your body.
2. Rhythm is a pattern! Create a pattern by clapping or stomping your feet.
3. Work with other people around you to create an audio pattern. One person can clap, one person can stomp, one person can whistle, etc.
4. Dance!
5. Listen to your favorite song and find sounds and patterns of sounds.
6. For inspiration, watch this fun dance video about patterns by GoNoodle: <https://www.youtube.com/watch?v=BQ9q4U2P3ig>

Share your work:

Take a photo or video of your work and post it to Instagram using the hashtags #MuseumFromHome and #HRMPatterns, and tag the Hudson River Museum.

