

# Mapping Yourself & Your Interests

**Duration:** 30 minutes

**Ages:** 10–18 (Grades 4–12)

## Materials needed:

- Paper
- Pencil
- Colored pencils, markers, or crayons

## Introduction:

In this activity, you will begin the process of becoming cartographers. Instead of mapping a geographical location, you will be mapping yourself and your interests and talents, making sure to include essential map components in your work.

## Procedure:

1. View a selection of crowd-sourced [transit maps](#) as visual inspiration. Notice the use of color coding for different transit lines, and the use of a map key and labels on the samples you observe.
2. Reflect on your talents, interests, and the activities that you enjoy doing. Choose at least three to highlight in this activity.
3. Draw an outline of your body. It can be life-size, or fit on a sheet of printer paper.
4. Create a map key/legend, with each activity or interest as a designated color.
5. What parts of the body are needed for each activity? Each part is a “stop” on that particular activity line. For example, if soccer is one of your activities, you would have stops at the feet, knees, and head. (If you’re a goalie, you could stop at the hands!) Indicate an activity “stop” with a circle of the same color as the transit line.
6. Map your activities and interests. Add labels. Where do some intersect? What are your reflections on this process?
7. Maps can provide a chronology of change over time in a specific region. They can be thought of in layers. If you create an interest/activity map depicting pre-COVID-19 in contrast with a different version mapping post-COVID-19, what has shifted for you?

## Share your work:

Take a photo of your picture and post it to Instagram using the hashtags #MuseumFromHome and #RiverMapping, and tag @HudsonRiverMuseum.

